

# The Federation of North and South Cowton and Melsonby Methodist Primary Schools

Friday 11<sup>th</sup> February 2022

Dear Parents and Carers,

This week marks Children's Mental Health Week and the theme for this year is all about 'Growing Together'.

Mental Health is something that is always a focus for us within our Federation and is embedded within our weekly PSHE teaching. We use Children's Mental Health week to promote the importance of this even further and ask you to do the same at home.

Please follow the link below to further information on how you can support with this.

[5 ways to grow with your child - Children's Mental Health Week \(childrensmentalhealthweek.org.uk\)](https://www.childrensmentalhealthweek.org.uk)

Tuesday this week also marked this year's Safer Internet Day. We took part in the UK Safer Internet virtual assembly and reflected on some key questions:

**How do you have fun online?**

**What does respect mean?**

**What does being respectful online look like?**

**What to do if someone is being disrespectful online?**

The children demonstrated a great understanding of cyber bullying and actions that they should take if worried about something online.

'Block them' and 'Report them' were key responses that all of the children felt confident to say and do.

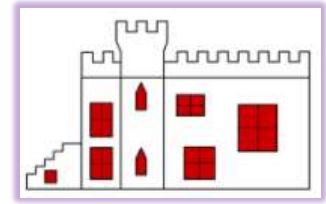
Please look out for more information relating to internet safety in future newsletters.

Have a lovely weekend!

Mrs Robinson



*Love one another, encourage curiosity and foster resilience.*



*Respect each other, learn from one another, move forward together.*

## Federation Notices and Dates

On Thursday 3<sup>rd</sup> March, it is World Book Day. This year, we will be asking all children to dress up as their favourite character from a book.

If you do not have a costume available, we will provide materials in school for the children to create something that will enable them to take on the role of a character.



## Book Recommendations

This week, Class 1 are recommending the book below which has inspired them to take action and help save our planet.



Please follow us on Twitter @FedNSCMelsonby





## News from Melsonby

This term, as part of their D.T learning, Class 2 have been busy designing, making and evaluating their own Viking Longships. They are looking forward to testing them out to see which ones will float next week!



We were really lucky to welcome the Open the Book team back to Melsonby on Monday. They shared the only story of Jesus as a young boy from the Bible visiting the temple and put this together as a performance.

### Achievement

Class 1- **Jack**

For amazing effort with his maths this week. Jack has worked incredibly hard with his number recognition and counting. Well done Jack!

Class 2- **Laurence**

For always having such a positive attitude to all aspects of his learning and making great contributions in class. Well done!

### Values

Class 2 –**Melody**

For persevering with learning and showing real focus and determination with her work. Well done!

## Deadlines and Reminders

## Dates for your Diaries

**Monday 14th & Wednesday 16th February** – Class 1

Parent Teacher Meetings 3.30-5.00pm

**Tuesday 15th & Thursday 17th February** – Class 2

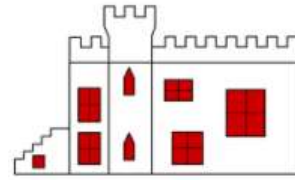
Parent Teacher Meetings 3.30-5.00pm

**Friday 18th February** – Bag 2 School collection

**Friday 18th February** – School closes for half term

**Monday 28th February** – School re-open

**Thursday 3<sup>rd</sup> March** - World Book Day



## News from North and South Cowton

This week, Class 1 were EXTREMELY proud to share their own version of 'Oi get off our train.' They have worked incredibly hard to take on the role of an author and illustrator this term, creating their own text and illustrations for the book.



We welcomed Jen from the New Life Baptist church back this week. Jen led Collective Worship with the children and guided them to reflect on the phrase 'wipe the slate clean.'

### Achievement

Class 1- **Ivy, Ollie, Frank and Jamie**

For such fantastic engagement and effort in their text this half term and producing such high-quality outcomes in their class book. Well done Class 1!

### Values

Class 2 – **Taylor**

Taylor is a role model to others in our school. He always consistently demonstrates kindness towards others and perseveres in all he does. Well done Taylor!

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