

The Federation of North and South Cowton and Melsonby Methodist Primary Schools

Friday 14th January 2022

Dear Parents and Carers,

After our first full week back, everyone has been working hard across the curriculum.

This term, as part of our P.E curriculum, children from each of our schools have begun a dance unit of work led by a specialist dance teacher.

The first session involved striking a pose to represent themselves and then using this in a sequence to form a routine.

The children were extremely engaged throughout and are eager to take part in their next session. Some of their comments included:

'I loved our first dance lesson. It was so exciting!' Melody

'I liked fluttering my legs like a butterfly' Hattie



As part of our PSHE and Computing curriculum, we are regularly teaching children about how to use technology safely. We would like to share termly updates and advice with you on how you can also support your child at home.

Please see below a link to the NSPCC offering some top tips on how to keep safe when using social media.

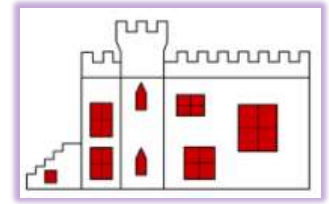
[Social media | NSPCC](#)

Have a restful weekend!

Mrs Robinson



Love one another, encourage curiosity and foster resilience.



Respect each other, learn from one another, move forward together.

Federation Notices and Dates

Covid Update

Household contacts or close contacts of a positive Covid case aged 5+ should do daily LFDs – these should be done before attending school each day for 7 days following close contact with a positive case. They do not need to get a PCR test unless they develop symptoms.

The 3 main symptoms of COVID-19 remain a fever (temperature 37.8OC or higher), a new continuous cough, or a change to/loss of taste or smell. However, other commonly reported symptoms of recent variants include headache, sore throat, tiredness, and coldlike symptoms, so individuals need to be aware of these as well and stay at home and seek further testing if they are in any doubt.

This week, Class 1 from Melsonby would like to recommend the following book.





News from Melsonby

Class 1 began their new History topic this term which is focused on the life and impact of Mary Anning. They began by sorting objects of significance and using these as clues to help them identify who the mystery person was. Some of the interesting facts that they learnt about Mary Anning included:

'She was struck by lightning' Maecie

'Lots of her fossils are in a museum in London' Theo

'Mary died aged 47' Chad



Deadlines and Reminders

Applying for a Primary School place for September 2022

A reminder that the deadline for applications is 15th January 2022.

www.northyorks.gov.uk/admissions

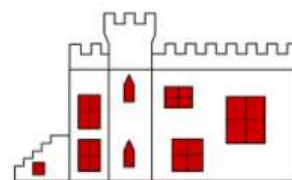
Dates for your Diaries

Monday 14th & Wednesday 16th February – Class 1 Parent Teacher Meetings 3.30-5.00pm (telephone call or TEAMS)

Tuesday 15th & Thursday 17th February – Class 2 Parent Teacher Meetings 3.30-5.00pm (telephone call or TEAMS)

Friday 18th February – School closes for half term

Monday 28th February – School re-opens



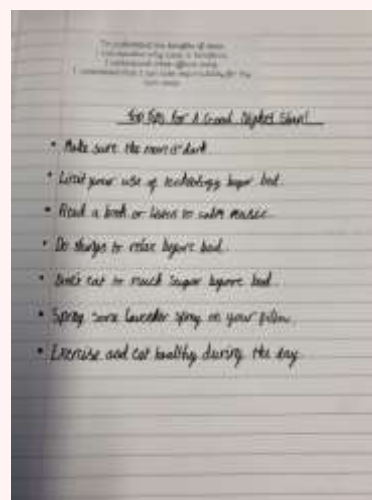
News from North and South Cowton

In Class 2 this week, the children have been thinking about the importance of sleep and the impact that a good and bad night's sleep can have on you. Some of the top tips that the children came up with included:

'Having two hours of quiet time before bed'
Amelia

'Regular exercise' Taylor

'Not using technology before bed' Connell



Deadlines and Reminders

Dates for your Diaries

Monday 14th & Wednesday 16th February – Parents afternoon/evening from 3.30pm – 5.00pm. Please make appointments (either telephone call or TEAMS) via the office.

Friday 18th February – school closes for half term

Monday 28th February – school re-opens