



**The Federation of
North and South Cowton Community &
Melsonby Methodist Primary Schools**



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Wednesday 22nd September 2021

Forest School Class 1

Dear Parents and Carers,

As many of you are aware, we are looking to train a member of school staff this year to become a Forest School leader. We anticipate these sessions to begin in the Spring or Summer term for Class 1. In the meantime, children from Class 1 have the opportunity to take part in a taster session this term.

Kat Vasby-Burnie, who established Forest Schools across our Federation, has kindly offered to lead a couple of sessions for Class 1 in the coming weeks. The dates are listed below:

Monday 27th September

Monday 4th October

Mrs Davison and Mrs Mundy will confirm with you which date your child will be attending.

For those new to our school, below is a little bit of information about Forest Schools:

Forest School encourages the development of children's emotional, physical and intellectual development through outdoor play, activities and exploration in woodland. Originally developed in Denmark, children attending Forest Schools develop strong social skills, the ability to work in groups effectively, had high esteem and confidence in their own capabilities and higher academic achievement. Forest School is therefore an excellent way to support the National Curriculum and consolidate learning.

Activities can include shelter building, nature identification, knot tying, tool use, fire lighting and other creative tasks, led by Kat Vasby-Burnie, a qualified Forest Schools Practitioner.

All of our activities will be checked for safety and risk assessments will be carried out.

Forest School will take place outdoors whatever the weather. It is therefore essential that children bring to school a bag containing clothing appropriate to the weather:

- A long sleeved top and trousers (these should be old clothes or clothes that you don't mind getting dirty) with extra layers if cold
- Waterproof coat and trousers if possible
- Walking type trainers/boots or Wellington boot
- Hat, gloves and scarf if cold
- Sun hat, sun cream and water bottle if hot

If you have any questions regarding any of the above, please do not hesitate to contact the school office.

Kind Regards,

Helen Robinson

Executive Headteacher of North and South Cowton and Melsonby Methodist Primary Schools



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Forest School – Class 1

Child's name.....

I give consent for my child to take part in Forest School.

Signed.....Parent Date:.....

PLEASE COMPLETE AND RETURN THE CONSENT SLIP BY MONDAY 27TH SEPTEMBER