

The Federation of North and South Cowton and Melsonby Methodist Primary Schools

Friday 14th May 2021

Mental Health Awareness Week!

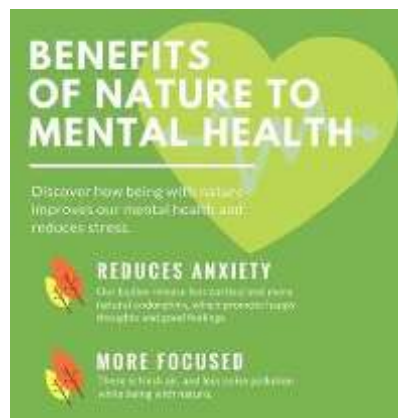
Dear Parents and Carers,

This week, we marked Mental Health awareness week during our assemblies and PSHE learning in class. The theme this year was all centred around the question 'Why Nature?'

Recent National Trust research found a link between feeling connected to nature and having improved wellbeing.

Throughout the week, children and staff have been encouraged to do three things:

- Experience Nature
- Share Nature
- Talk about Nature



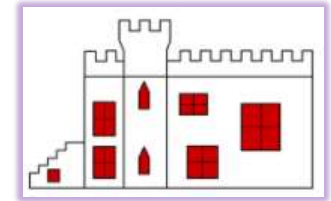
We know that so many of you already engage with nature and would like to ask you to share any photos with us. If you are heading out for a walk over the weekend and enjoying some time in the outdoors, please let us know. And if you can tell us how this has helped with your well-being, even better! We look forward to sharing some photos next week.

Have a lovely weekend!

Mrs Robinson



Love one another, encourage curiosity and foster resilience.



Respect each other, learn from one another, move forward together.

Federation Notices and Dates

This week, we would like to bring your attention to Mrs Sayer, our Science and MFL lead, who is based at North and South Cowton. If you have any questions about our MFL curriculum, please don't hesitate to get in touch. Merci!



To spread our love of reading further, we are asking all children to take part in the competition below. The National Book Trust are asking children to design their own Book Tokens. The winning designs will be made into gift cards and loaded with money to share with each class. Get busy designing!

https://www.nationalbooktokens.com/create-a-national-book-token-for-your-class?utm_source=nbt&utm_medium=email&utm_content=create&utm_campaign=20210506_schools





News from Melsonby

This term, in Geography, Class 1 have been learning about their local area. They began by using Google Earth to find Melsonby and then zoomed in to locate the school. Following this, Class 1 thought about places in Melsonby that 'Travelling Ted' might like to visit including the park, playing fields, church and allotments. Year 1 and 2 used a map of Melsonby to locate these places and planned a route for Class 1 to follow on their walk. On Thursday, the children made a break for it during a spell of dry weather. Using the map, they gave directions to one another to navigate around the village. They ended their trip with a visit to the allotments where they met Zoe and Ella's Mum. Thank you, Kat, for the guided tour and for all of the lovely plants that were kindly donated to the school.

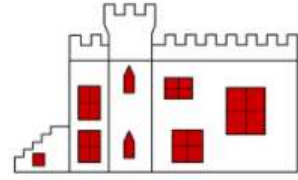


Deadlines and Reminders

- After school activities – please ensure payments are made in advance of clubs
- The remaining balance for Robinwood needs to be paid by the end of May.

Dates for your Diaries

Friday 28th May – School closes for Half Term
 Monday 7th June – School re-opens after Half Term
 Monday 14th June – Wednesday 16th June
 Joint Residential Visit to Robinwood
 Thursday 22nd July – School closes for summer



News from North and South Cowton

This week in cookery club, children had the opportunity to cook and taste some international cuisine. Sushi rolling, noodle making and breadcrumb rolling were just some of the activities they took part in. They even learned to count to 10 and say some animal names!



As part of their Science learning in Class 1, the children have been learning about the basic needs of animals and how to care for them. They looked at their diet and habitats too and thought about which animals would be best matched to particular habitats based on their characteristics. To tie in with this and to look at the changing seasons, Class 1 will be visiting Foxglove Covert next week. They hope to visit regularly throughout the year to observe changes.

Deadlines and Reminders

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Dates for your Diaries

Friday 28th May – Break up for Half term
 Monday 7th June – School re-opens after Half Term