

Melsonby Methodist Primary School

Newsletter

Friday 29th January 2021



Dear Parents and Carers,

We hope you are all safe and well as we reach the end of another week of learning both in school and at home. It has been wonderful to see children's engagement in this process continue to rise. We are so impressed by their self-motivation and independence with so many aspects of their learning. It has also been a real pleasure to hear about some of the other ways in which children are spending their free time. A big thank you to Melody, who spent the day last weekend with her family, helping our environment by litter picking in the local area. Well done Melody!

Whilst we are seeing great remote learning taking place, it is also important that we recognise the difficulties that come with this. One of the biggest challenges during lockdown is the isolation that we are all experiencing from not seeing friends, family and colleagues. Added to this is the increasing amount of time we are now all spending on screen, children, staff and parents too. As next week is the start of Mental Health week, we wanted to draw your attention to some activities and events that are taking place to support both children and adults with healthy minds.



Over the next two weeks, children in school will be taking part in daily Mindfulness activities and we would encourage everyone at home to give these a try too. Please see more details in the link below:

<https://www.mentallyhealthyschools.org.uk/media/2026/mindfulness-calendar-daily-5-minute-activities.pdf>

We hope that you have a restful weekend and enjoy some screen free time!

Kind Regards,
Helen Robinson

Deadlines and Reminders

PE

Children in school are taking part in the daily P.E. challenges with Joe Wicks therefore we ask that they come into school in their school sweatshirt and P.E kit.

Please ensure that your child/children are wearing the correct P.E. kit.

- White or blue t-shirt
- Navy blue or black shorts/jogger bottoms
- Plimsolls/trainers

Class 2 Snowman Competition



We are pleased to announce the winner of our Class 2 Snowman Competition.

Well done Maisie!